

TRAFFORD SCHOOL LUNCH

WEEK 3

WEEK 2

WEEK 1

All our Beef is from the UK or Ireland and we can trace every cut of meat back to the Farms of Origin We support MEAT FREE Mondays Over 30% of our products are transported by vehicles that run on biodiesel All our fish is MSC approved and all our bananas and sugar are Fair Trade		We support 82 British Dairy Farms		Our chicken and milk are Food Standards Assured and we only use Lion Quality Eggs	
Monday	Pizza Whirl Cajun Vegan Bean Chilli Rice, Green Beans and Sweetcorn Mango Smoothie	Pasta Arrabbiata, With Crusty Bread Chickpea and Bean Burritos Peas and Sweetcorn Strawberry Ice Cream	Cheese and Tomato Panini Vegetable Katsu Curry, Mini Naan Bread Brown Rice, Carrots and Green Beans Orange Smoothie	Available Daily Fresh Salad Jugs of Water Yoghurt Fresh Fruit Jacket Potato with Beans or Cheese	
Tuesday	Pork and Carrot Meatballs, Pitta Pocket Southern Fried Vegan Burger, Wholemeal Bun Salad, Peas and Sweetcorn Apple Crumble & Custard	Chicken Korma Curry, Rice Vegan Meat Ball Pitta Pocket Sweetcorn and Beans Raspberry Muffin Cake	Sticky BBQ Chicken Wrap Vegan Spaghetti Bolognese Cauliflower and Peas Orange Fruit Jelly		
Wednesday	Roast Chicken Dinner with Gravy Quorn Vegan Fillet Roast Potatoes, Cauliflower and Broccoli Banana Angel Delight	Roast Chicken Dinner Yorkshire Pudding "Sneaky" Veg Pie Roast Potatoes, Broccoli and Carrots Sultana and Oat Biscuits	Beef And Onion Pie, Pastry Lid Quorn Vegan Fillets Roast Potatoes, Broccoli and Sweetcorn Vanilla Shortbread		
Thursday	Beef Spaghetti Bolognese, Garlic Bread Vegan Sausage Roll Peas and Carrots Fruit Jelly	Beef Lasagna Creamy Broccoli Pasta Bake Garlic Bread, Sweetcorn and Cauliflower Fruit Salad and Yogurt	Pork Sausages Macaroni Cheese Diced Potatoes, Carrots and Peas Pear Crumble & Custard		
Friday	Omega 3 Fish Fingers Herby Tomato & Vegetable Pasta Bake Chips, Baked Beans Cherry Flapjack	Salmon Fish Cakes or Fish Fingers Vegetable Samosa's Chips, Baked Beans Chocolate Beetroot Cake	Battered Fish Goujons Vegan Fishless Fingers Chips, Sweetcorn and Beans Lemon Drizzle Cake		

We can **bespoke** our menu's to reflect your children's dietary needs, so that school meals can be **enjoyed** by all children

4DX

Education Catering Services, OSIE, Trafford Council, Moss View Centre, Moss View Road, Partington, Manchester M31 4DX

TRAFFORD SERVICES FOR EDUCATION

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TRAFFORD

TRAFFORD COUNCIL