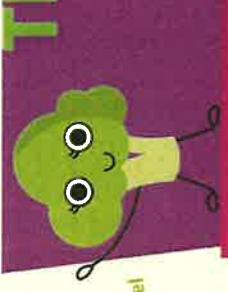


TRAFFORD SCHOOL LUNCH MENU



Over 30% of our products are transported by vehicles that run on biodiesel

All our fish is MSC approved and all our bananas and sugar are Fair Trade



We support MEAT FREE Mondays

WEEK 1

Mondays

Pizza Whirl
Cajun Vegan Bean Chilli
Rice, Green Beans and Sweetcorn
Mango Smoothie

Tuesday

Pork and Carrot Meatballs, Pitta Pocket
Southern Fried Vegan Burger, Wholemeal Bun
Salad, Peas and Sweetcorn
Apple Crumble & Custard

Wednesday

Roast Chicken Dinner with Gravy
Quorn Vegan Fillet
Roast Potatoes, Cauliflower and Broccoli
Banana Angel Delight

Thursday

Beef Spaghetti Bolognese, Garlic Bread
Vegan Sausage Roll
Peas and Carrots
Fruit Jelly

Friday

Omega 3 Fish Fingers
Herby Tomato & Vegetable Pasta Bake
Chips, Baked Beans
Cherry Flapjack

WEEK 2

Pasta Arrabbiata, With Crusty Bread

Chickpea and Bean Burritos
Peas and Sweetcorn
Strawberry Ice Cream

Chicken Korma Curry, Rice

Vegan Meat Ball Pitta Pocket
Sweetcorn and Beans
Raspberry Muffin Cake

Roast Chicken Dinner Yorkshire Pudding

“Sneaky” Veg Pie
Roast Potatoes, Broccoli and Carrots
Sultana and Oat Biscuits

Beef Lasagna
Creamy Broccoli Pasta Bake
Garlic Bread, Sweetcorn and Cauliflower
Fruit Salad and Yogurt

Salmon Fish Cakes or Fish Fingers
Vegetable Samosa’s
Chips, Sweetcorn and Beans
Chocolate Beetroot Cake

WEEK 3

Vegetable Katsu Curry, Mini Naan Bread
Brown Rice, Carrots and Green Beans
Orange Smoothie

Sticky BBQ Chicken Wrap

Vegan Spaghetti Bolognese
Cauliflower and Peas
Orange Fruit Jelly

Beef And Onion Pie, Pastry Lid
Quorn Vegan Fillets
Roast Potatoes, Broccoli and Sweetcorn
Vanilla Shortbread

Pork Sausages
Macaroni Cheese
Diced Potatoes, Carrots and Peas
Pear Crumble & Custard
Battered Fish Goujons
Vegan Fishless Fingers
Chips, Sweetcorn and Beans
Lemon Drizzle Cake

We support 82 British Dairy Farms

Available Daily

Fresh Salad

Jugs of Water

Yoghurt

Fresh Fruit

Jacket Potato with Beans or Cheese

Our chicken and milk are Food Standards Assured and we only use Lion Quality Eggs



We can bespoke our menu's to reflect your children's dietary needs, so that school meals can be enjoyed by all children

Education Catering Services, OSFE, Trafford Council, Moss View Centre, Moss View Road, Partington, Manchester M31 4DX

TRAFFORD SERVICES FOR EDUCATION